

Sara Byers

Amplifying human wholeness.



ABOUT SARA

Sara Byers is the creator of *Psi*, a state of wholeness from which presence, strategy and intuition arise. A former CEO, six-time board chair and honorary doctorate recipient, she helps leaders bring the whole of themselves, including the intuition and soul they were taught to leave at the door, into the rooms where they lead.

Because the more whole we are, the more whole our world becomes.

SIGNATURE KEYNOTE

Psi: Leading from All of Who You Are

A keynote for leaders navigating complexity, uncertainty and unprecedented change.

What if the answer isn't to speed up, but to bring more of yourself? Leaders are asked to hold more, decide quicker and stay deeply human through all of it. Most of us try to keep up by speeding up, yet the faster we go, the more we come apart. There is another way, and it begins with the parts of ourselves we were taught to leave at the door: the intuition, the creativity, the invisible energy the mind alone can never replace. Sara calls this state of wholeness Psi, and here she shares her own path into it, so the room can:

- Hold complexity without fragmenting
- Lead from intuition and presence, not the mind alone
- Make clearer decisions in uncertainty
- Access full human value in the age of AI

This isn't a talk about doing more. It's about bringing all of yourself to what matters most.

“ I witnessed the perfect speech to send our students into the world. 3,500 people, every head nodding in unison, some with tears. Fifteen minutes that humbled us all.

— E.

LEADERSHIP

Former CEO
Leonardo's Pizza

Board Chair
Champlain College

Past Board Chair
VT Business Roundtable
Lake Champlain Chamber · Lund
Vermont Gas · Flynn Center

Statewide appointee
Multiple Vermont Governors

Author of two poetry collections
Heart and Moon · *Wise Stars*

RECOGNITION

Honorary Doctorate
Champlain College

Catherine McAuley Award
Mercy Connections

Business of the Year
Lake Champlain Chamber

FROM THE AUDIENCE

“ I've never seen an incoming-chair speech end with a standing ovation. You are a gem.

— H.

ALSO SPEAKS ON

- The Balance We Forgot
- The Humanity We Could Be
- Authenticity Was Never Enough

AVAILABLE FOR

Keynotes · Workshops · Panels
Virtual or in-person

BRING SARA TO YOUR STAGE

Let's talk about your event.

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